

D.I.Y.
CLEANING
RECIPES
FOR YOUR
HOME



Hey friend!

I work hard to make my home a clean, positive, inviting space for everyone. One of the ways I have been doing is by making my own cleaning products.

Not only is this helping me reduce my plastic consumption, but as I know exactly what I am cleaning with, I am reducing the amount of toxins and allergens in my home.

I reckon that is a win for everyone!

I have included some of my favorite and the most effective cleaning recipes I have been using to keep my home clean.

As an additional bonus, I have included a cleaning schedule template (with an example completed one). I hope you find it helpful too!

Amrita - Cozy Magic Home

Disclaimer: The recipes and cleaning schedules provided in this guide are based on my personal experience and what works in my own home. While these are natural alternatives, ingredients like vinegar, alcohol, and essential oils can still cause damage to certain surfaces (like marble, unsealed wood, or specific fabrics) or cause reactions in pets or people. Please perform a 'spot test' on an inconspicuous area before full application. Cozy Magic Home and Amrita cannot be held responsible for any damage to property, injury, or misuse of these recipes. Use at your own risk.

CLEANING

SCHEDULE

DAILY

☐☐☐☐☐☐☐☐☐☐

WEEKLY

☐

Monday -

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Friday -

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Tuesday -

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Saturday -

☐

Wednesday -

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Sunday -

☐

Thursday -

MONTHLY

☐☐☐☐☐☐☐☐

QUARTERLY

☐☐☐☐☐☐☐☐

CLEANING

SCHEDULE

DAILY

- | | |
|---|--|
| ☐ Make Bed | ☐ Clean Floors |
| ☐ Open windows | ☐ Check Mail |
| ☐ Wash Dishes | ☐ One Load of Laundry |
| ☐ Put Away Dishes | ☐ Clean Toilet(s) |
| ☐ Wipe Down
Countertops | ☐ Empty Trash |

WEEKLY

- | | |
|--|---|
| ☐ Monday - Bedrooms | ☐ Friday - Basement/Playroom |
| ☐ Tuesday - Bathrooms | ☐ Saturday - Errands |
| ☐ Wednesday - Kitchen | ☐ Sunday - Family Day |
| ☐ Thursday - Living
Room | |

MONTHLY

- | | |
|---|---|
| ☐ Clean Kitchen Appliances | ☐ Wipe down door handles |
| ☐ Clean Mirrors | ☐ Wipe down light switches |
| ☐ Clean Baseboards | ☐ |
| ☐ Disinfect Trashcans | ☐ |

QUARTERLY

- | | |
|--|--------------------------|
| ☐ Change any filters | ☐ |
| ☐ Replace Toothbrush
heads | ☐ |
| ☐ | ☐ |
| ☐ | ☐ |

SAFETY NOTES

ON RECIPES

Some essential oils are not safe to use around pets and/or are an allergen to people. Please use caution.

Consider wearing gloves when using these recipes, especially if you have sensitive skin

Although these recipes use natural ingredients, they may cause harm if used incorrectly. Do not mix with other cleaning products.

Keep out of reach from pets, children and vulnerable people.

If you are unsure if the recipes will work for you, consider carrying out a patch test before committing fully.

ALL PURPOSE CLEANER

Ingredients:

- 1 Cup Water
- 1 Cup White Vinegar
- Few drops of liquid dish detergent
- 15-20 drops Essential Oils*

Equipment:

- Spray Bottle
- Lint Free Cleaning Cloth



Instructions:

1. Mix the ingredients in a spray bottle, and shake well to make sure it has mixed properly.
2. Spray on surface to be cleaned.
3. Wipe away with a lint free cloth.

Note:

*Use of essential oils is optional

FLOOR CLEANER

Ingredients:

- 1.5 Gallons Hot Water
- 2 tsp dish soap
- 10-15 drops Essential Oils*

Equipment:

- Bucket
- Mop
- or
- Cleaning Cloth (2 minimum)



Instructions:

- 1.Mix all ingredients in bucket.
- 2.Soak your mop head or cloth, wringing out the excess water.
- 3.Wipe the mop/cloth over areas you wish to clean.
- 4.After cleaning floor, use fresh, hot water to rinse the floor.

Note:

*Use of essential oils is optional

**If using a cloth to hand wash floors, be careful of hot water! Wear gloves to protect your hands.

***As long as your mop is lightly damp and not soaking wet, this should not cause any damage to hardwood floors. Any standing water should be dried immediately.

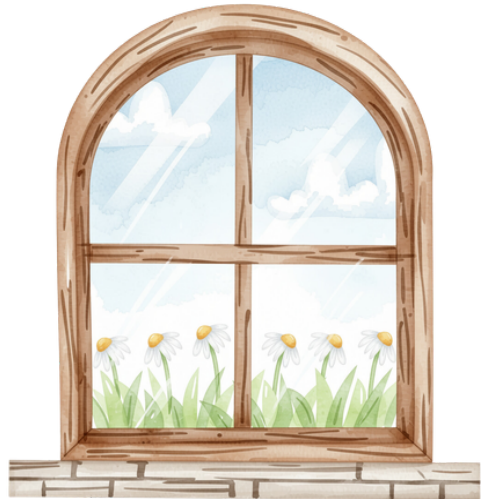
GLASS CLEANER (WINDOW AND MIRROR)

Ingredients:

- Warm Water
- A few drops of Mild Dish Soap

Equipment:

- Sponge
- Newspapers



Instructions:

1. Using a sponge, apply soapy, sudsy water to glass or mirror
2. Use a newspaper to wipe off water starting from the top of the mirror to the bottom.
3. Change newspaper if paper gets too wet.

BATHTUB CLEANER

Ingredients:

- 1 cup Baking Soda
- 2-3 tbsp Dish Soap (or Liquid Castile Soap)
- Warm Water (just enough to make a spreadable paste)
- Optional: 10 drops Lemon Essential Oil or a splash of lemon juice

Equipment:

- Scrub brush, sponge, or cloth



Instructions:

1. **Mix baking soda, dish soap, and water in a small jar or tub to form a thick paste.**
2. **Spread onto the bathtub using a sponge or damp scrub brush.**
3. **Let sit for 5-10 minutes to cut through soap scum.**
4. **Gently scrub and rinse thoroughly with warm water.**

UPHOLSTERY AND CARPET REFRESHER

Ingredients:

- 1/2 Cup Baking Soda
- 15 drops of Essential Oil of choice

Equipment:

- Vacuum Cleaner
- Container with Shaker Lid



Instructions:

1. Mix baking soda and essential oils together in a container with a shaker lid.
2. Sprinkle on carpet/upholstery.
3. Leave for 20 minutes to an hour.
4. Vacuum up.

NOTE:

Some essential oils are toxic to animals. If you have pets, avoid using the oils.

On that note, be mindful of pets and vulnerable people when leaving the baking soda on the floor

READY TO WEAVE MORE MAGIC INTO YOUR DAILY RHYTHM?

If you're looking to transform your home from a place of "to-dos" into a true sanctuary, join us at www.CozyMagicHome.com.

From domestic systems to crafts tutorials, we provide the blueprints you need to reclaim your space and your time.

Stop guessing and start creating. Your intentional home is waiting, and I'd love to see you there.

Amrita

